



EduCluster
Finland

Practical insights to teaching

Thursday the 7th of September



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My story



JYVÄSKYLÄ





How are you feeling today?





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Content

- Starting a school day
- Starting a lesson
- Routines
- Classroom management



**What's
important for
you when you
start a new
day?**

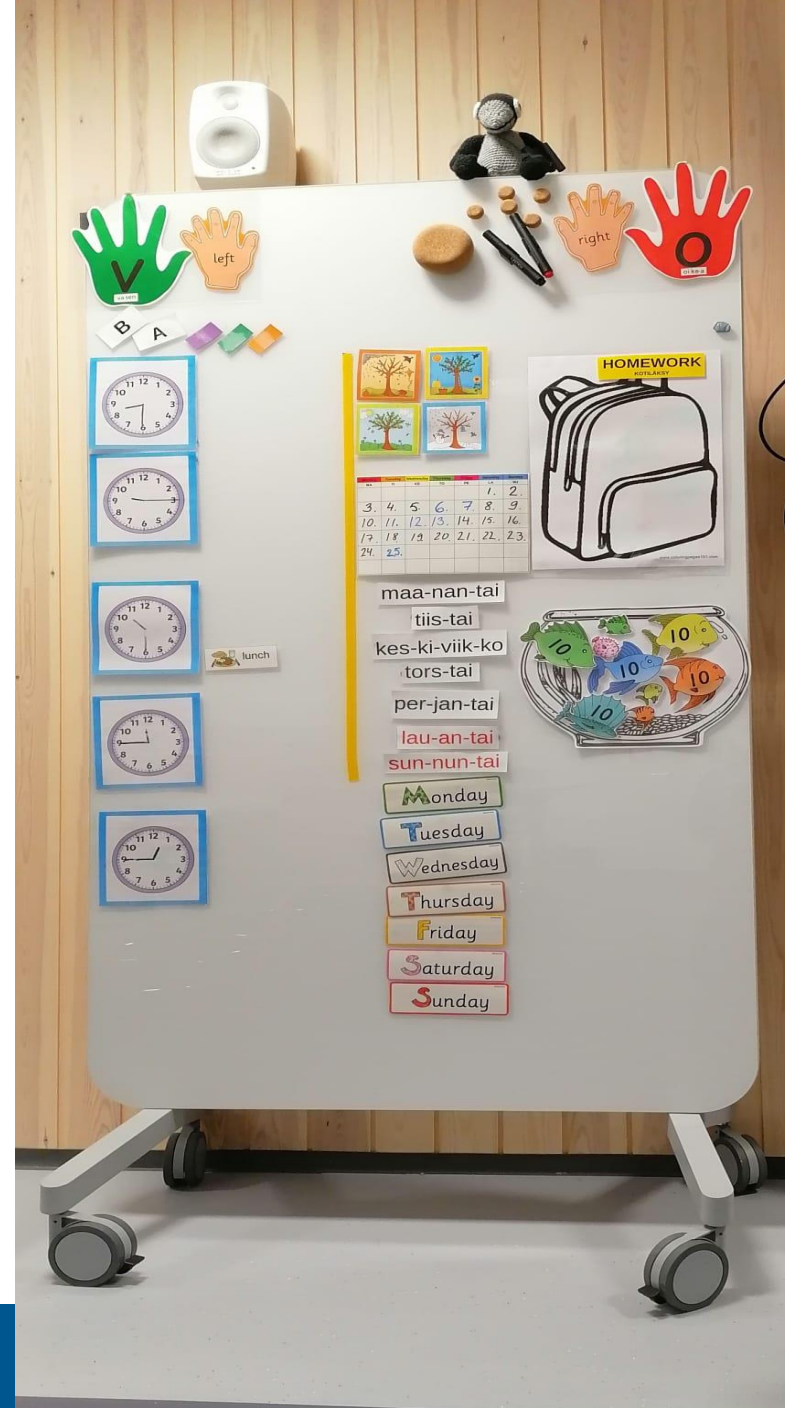




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Starting the school day

- ❖ Greeting each other, standing up, calming down
- ❖ Calendar: day, month, year
- ❖ Timetable: lessons, breaks and lunch
- ❖ Anything special today?





Colournauts' Materials



EduCluster
Finland



Värinautit

[Värinautit](#)

[Materiaali](#) ▾

[Sovellukset](#) ▾

[Kirjat](#) ▾

[Tekijät](#) ▾

[Taidekasvatus](#) ▾

[ENG/SVE/FRA](#) ▾

[Saami](#)

[Haku](#)

In English

Welcome to the Colournauts' website

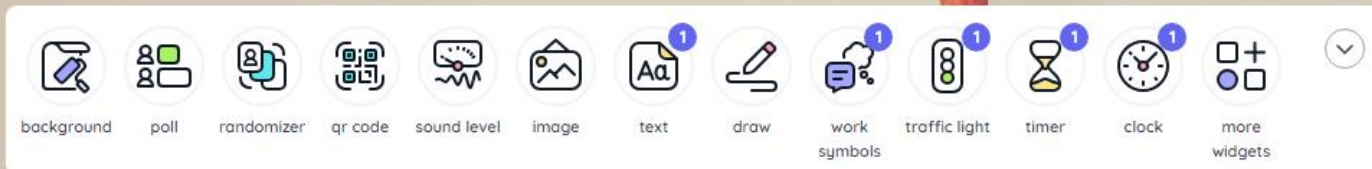
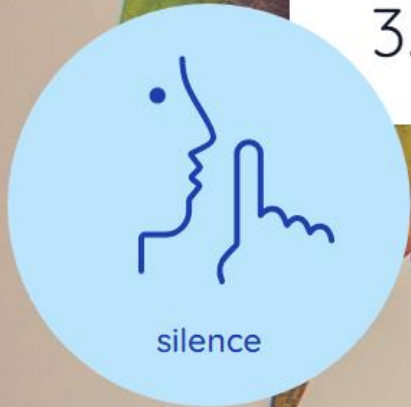
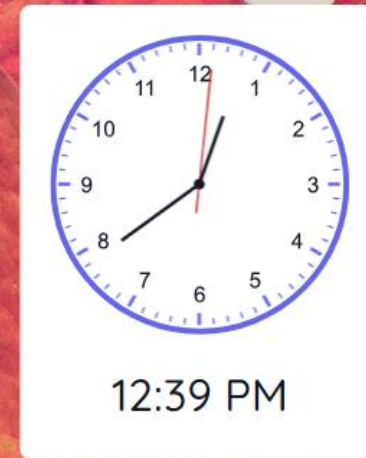
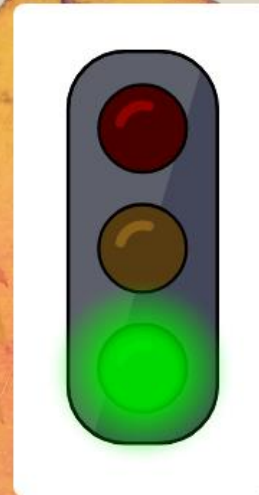
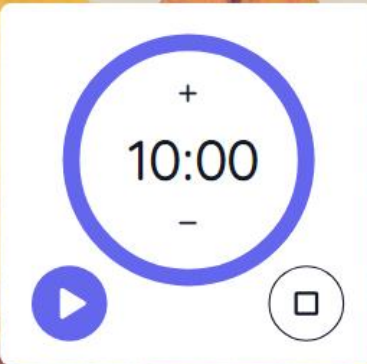
Free, pedagogical, creative and fun material for home, school and workplace!



Classroomscreen



1. Read
2. Draw
3. Relax



Starting a school day or a lesson

The aim of these techniques is to get students attention in the beginning of the day / lesson.

Students get familiar very quickly with the techniques.

Follow the

❖ rhythm/movement

- Teacher starts clapping a rhythm and students start to follow.
 - You can invent your own ones
 - “Body percussion”: making a rhythm using feet, hands etc.
- “Morning stretching”
- Counting from 1 to 5 using fingers.



❖ poems

Look at the ceiling, look at window

(repeat as many times as necessary to get students repeating the poem)

look at the teacher

(when you have gotten all the students' attention).

❖ Music

When students enter the classroom,
there's relaxing music on.

Students take their seats and calm
down.



❖ Mindfulness



Breathing exercises

- place your hand on your tummy, slowly breathe in and out. Repeat five times
- Students lying down, eyes closed. Teacher tells a short story.

Examples from YouTube

[3 Minute Body Scan Meditation](#)

[1 Minute Breathing Meditation](#)

[Relaxed Breathing Training](#)

[Bubble Bounce](#)

**Routines.
Share your
ideas.**



Routines

Routines create a safe space for students to learn. Students don't need to be thinking all the time what comes next, but they already know how the day flows forward.



Routines



Starting the lesson (creating a safe and calm atmosphere, setting up the context).



Moving from task to task: creating a bridge between tasks.



Going to the dining hall (making a line, lunch poem, seating order, how to go back to the classroom or to break). [Lunch poems for primary school](#)



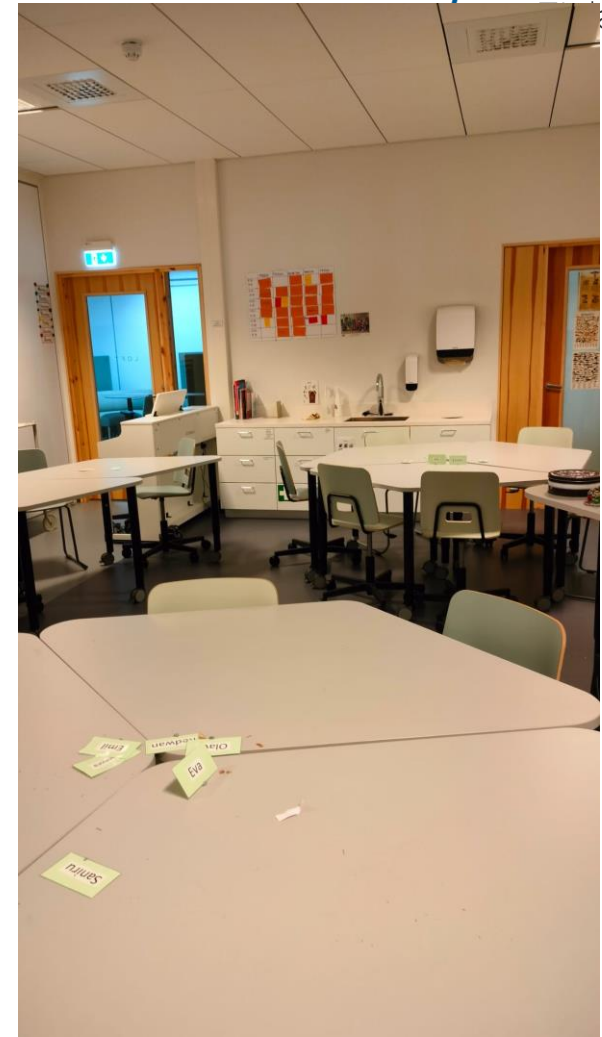
Finishing the lesson (tidying up, calming down, saying bye bye as a group or one by one). [Tidy up song](#)



Classroom organisation

- Variety of places to choose from
 - Boosts motivation
 - Helps concentration
 - Teacher controls to some extent
 - Circle of Trust
- Visual materials
- Where's the teacher situated?





Classroom
management.
Share your
ideas.



Classrules

- Do rules together with the students.



Discussion

What rules are important in the classroom?



Giving clear instructions

- Clear
- Short
- Oral and written
- Repeated
- Checked



Classroom management

- Noise level
- Counting 1, 2...5
- Counting with fingers

 4	Outside Voice
 3	Entire Class Can Hear You
 2	Only People Near You Can Hear
 1	Whisper
 0	No Talking No Sound



Bouncy Balls – Manage classroom noise with bouncing balls!



If everything fails...

- Three warning system.
- Changing student's place.
- One to one talk.
- Message home.
- Break inside with the teacher.
- Meeting with the parents.
- Award system (whole class / individual student)
- My booklet (smiley faces)



Always trying to emphasise positive feedback!



- Positive feedback



Positive pedagogy

“Teaching about strengths has a longer lasting effect on learning and is more likely to lead to a satisfying life than teaching solely cognitive skills.”

[See the good!](#)





How are you feeling after the session?





Kiitos! Thank You!



Thank you